

Jan 17, 1980

Kirtan Quintessence (Raja Ram and Sita Devi)

Ambikananda read from *Visions of Sri Ramakrishna* about the Divine Child inviting one of the *Saptarishis* to come with him to earthplane as Vivekananda.¹

Prasad followed by meditation, Sada Siva on sarod and Raja Ram on flute.

Ambikananda discourse :

‘Give to departed. Give to ancestors because we are dealing with how to die.... After death, the soul creates a death body. In the death body it is possible to visit ancestors and spirits [*pitris*] in dream, but the *pitris* are subject to error; their bodies are finer but they are not infallible. After death we can see further...’

He read again a passage from Sathya Sai Baba describing a visitation of the emissaries of Yama, Lord of Death, to a person who was on the point of death.

kirtan songs and bhajans from devotees, especially from Sita Dev.

Ambikananda chose a passage from Sathya Sai’s commentary to the Purana of Garuda, the celestial avian mount of Lord Vishnu and his consort Lakshmi:

‘Garuda is a symbol of karma with two wings of *shraddha* [faith] and *bhakti* [devotion]. The place where the Lotus takes his seat is Hridaya vihada - the heart...If you do not get a guru from outside yourself, if you pray, the Narayana inside you will himself reveal the road and lead you on...”...’

At the end Ambikananda sang:

‘*If at last my life’s breath leaves me as I repeat the name of Kali...*’

¹ See kirtan Kings Cross Feb 10 1979