

May 10, 1980

Kirtan Quintessence (Raja Ram and Sita Devi)

Sita Devi began the kirtan with the traditional invocation to Lord Ganesh, the Remover of Obstacles:

‘Sri Ganesha pahimam, Jaya Ganesha rakshamam...’

Ambikananda told devotees:

‘Everything [to be] dedicated to Lord Ganesh...’

He then read from Universal Payers (Rig Veda, X, 121):

“In the beginning there existed God, the source of light.

He was the one Lord of all created beings.

He upholds this earth and the heavens.

He it is to whom we offer our prayers...”

Ambikananda’s discourse included::

‘You have to bear your husband at all costs. The father becomes the son through the wife - there’s not much difference in this [from the] Trinity, so you are the holy spirit in God, three in one....

‘You must become one with the word of experience. Your individuality must disintegrate and you must be reborn in the Mother’s womb, and you must become the very child of Mother Earth, Father God. Be truthful to your words, your soul.

‘The way of divine love – of burned body desires

[Song: ‘Jai Shiva Shankara Hari Hari bol.’]

‘Prostration to Thee, the great hidden secret.’

‘Prostration to the ‘I’ consciousness.

’ You borrow consciousness to go beyond it. You are here to pass your exams – pass water of divinity. The liquid form of Narayana above, below, behind. Pass your test without taking acid. Everyday [life] makes it acid, [so] every day greater repentance than yesterday, catch up with your bankruptcy and your heavenly wealth.

‘God/Guru/Self is the threefold form of Dakshinamurti.’¹

‘The Guru Gita is the destroyer of all sins:

“Guru Brahma, guru Vishnu,

Guru Dev Maheshwara,

Guru shaksat para Brahma,

Tasmai shri guruve namah.’²

‘The pure in heart [are] full of knowledge. Incessantly recite the Guru Gita. Jai Guru Dev!

‘What is your desire? Think before you speak, but with loving truthful essence of understanding, realization of helping many, not just yourself. Let your word be like light going into the heart of every individual. You must be a father, not a fake. Make good use of your body. Keep it healthy. It is most difficult to attain a human birth. Serve, love. But be detached from it.

‘My interest depends on your interest – how interested you are. So if you give your whole life, that’s it, your life is finished. It melts like a candle – very big at the beginning, then smaller and smaller till the light you meditate on is the light that guides you. Then your daily life is guided by that light.

¹ Lord Shiva as the supreme cosmic teacher (Adi Guru)

² ‘Guru is Brahma (Creator), guru is Vishnu (Preserver), guru is Maheshwara (Shiva), Guru is verily beyond Brahma, salutations to that guru.’

‘I am mad everywhere; you can walk with me in London, or at your work, but at Kedarnath it’s different, you get soaked, a cake soaked in the syrup of consciousness, a Ram Baba. We are all after some sort of madness, some intoxication, but Ram Baba has to have love first, then intoxication. And hearing it depends on your receiver, [seeing] with an eye made of love.

‘We are forcing you, putting you in the path against your will, putting our foot on your chest, making you digest by force. We are *Rakshamam* and *Pahimam*,³ we warn, advise, check. Otherwise the butter may go rancid. Everything may leak out in London.

‘Self effort. The time factor matters little for us. Every day is a great day, a great hope for the great day. So much the better if your little self-effort is done with zeal and devotion and love. Now God Himself is treading the path in you. But He is so light you can hardly feel Him: Subtlest of the subtle, mightiest of the mighty. He works through you, and yet you think you are the doer. Self-effort is your active nature for selfless result, for love. “Out of love He has done this.”

‘Devotion is negating matter into the power of spirit, which is subtle, mighty, invisible - but possible. Devotion is God, and out of negating matter devotion is there, more refined. But if a man lacks self-effort he stays where he is – nothing that has happened is lost, but he hasn’t made the step to come to Me, the self-effort to make My acquaintanceship.

‘Everyone has a private affair with God, a “great romance”⁴ ... Everyone is getting what they deserve. The way you approach Me, that way will you get it. Your heart must give everything to God because at death material things are a burden...

‘You can’t deny nature, this dream, the world. God has given all these things, helping us through and through. Nature keeps going on continuously for millions of years, so He invisibly makes gross things work, makes tangible things out of nothing. Out of this womb He creates worlds...

‘Kedarnath is for great purposes. The wall receives it, the roof, the ceiling, everywhere. God is witness of devotion, devotion belongs to God. That’s all, keep going. You can never lose what we give you - what will be lost is your time. But you must prove yourself. If you belong to us you must prove yourself. We give a very long rope – there are many ways to make you benefit.

‘You are the children of this Man (Ramakrishna) – *Twameva Mata, twameva Pita*.⁵ There are flowers already there, waiting for you, red flowers that never die. Ramakrishna keeps these for you.

‘All children of God will be looked after. So God dwells in both your hearts, two breasts in your one body, one is your own heart and one is God’s heart; but God is present in both hearts of the devotee when he speaks truthfully.

‘*Twameva Mata, cha pitas twameva...*

‘After the singing today, Mother Sarada didn’t know what to do, what to give you. She said, “Please give them the water for a blessing.” So you had water – I didn’t want to give this.

‘You have been bathed with the internal sun of knowledge here.’

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³ ‘my Protection’, ‘I am Yours’.

⁴ title of book by Paul Brunton

⁵ “O God, Thou art my father, my mother...”