

Sep 13, 1980 Kirtan at Quintessence Ashram (Raja Ram and Sita Devi)

Sita Deviji sang a calypso style song to Sri Sarasvati which set Swamiji dancing.

‘We are an amoeba swimming in the primal seas,’ he said.

There was a film of a recent devotees’ visit at Kedarnath, with Raja Ram, Sada Siva, Bethlehem, etc, all dancing as they worked.

As well as music and dancing and reading, there was a discourse from Swamiji, including the following:

“The colours men see are the maya of God, distraction and attraction, but they don’t see God. If they see God and the colours, it’s “Thou art the soul of all beings” (Garuda Purana). In God colours, like name and form, each represent a deity or an age that has passed or is to come – it’s an alphabet, a memorandum.

‘KALI. KA - A - LI. The word comes from the heart. Singing and dancing; we say “Kali-pso” – these Jamaicans all sing and dance.. Happiness is God’s state, and happiness must be natural. Start in your mind, in your heart, with whole-souled devotion... That’s a great art. You can’t just say “Kali” – it’s not a food, it’s not money, earth, fire, water. It’s *Mother*. People can’t carry Mother long, whereas Mother carries the whole world. It’s very difficult to carry the Name of Kali, day and night. It’s my heart that moves me when I hear these things. It’s my heart that dances. Suppose this same singing and dancing is happening *within*, within the heart. Samadhi is contagious, look at Sri Ramakrishna.

‘You must break away from fetters or your wings are too heavy to fly to Mother’s realm. She is in heaven for those who can’t face the Mother within and without. God is everywhere, pervading, and we forget that we are first in a microcosmic, blessing, idea-thought that “I exist in God”.

[Sings:] “*The macrocosm and the microcosm rest in the Mother’s womb, now do you see how vast it is...*”¹

‘So God is to be sought inside first. First the inside shouts, then you hear it echo from the four corners of the world, the echo within. You don’t know how powerful the Word of God is. Kali is not just a word. The devotee’s right hand is held by the Mother. Even in the word KALI are the three worlds, KA-A-LI, which the little dwarf [Vamana] covered in three strides. From Bali to Kali.² Kali is like a lake:

[Sings] “*If in the nectar lake of Mother Kali’s feet/My mind remains immersed...*”

‘When you have no love, pray day and night for love. God cannot be bound except through love – but the devotee mustn’t take advantage. See Vivekananda’s *Power of Thought*. Ask for love, devotion. Ask to be hypnotized, and kept in abeyance by the hypnotic trance of God. You will be healed like that. Use *vidyamaya* consciousness, Never give up that ladder.

‘Remember Sri Ramakrishna: “This body is empty, like a pillowcase. Someone dwells there...”

‘You are fortunate to be given a fresh flower, but if you don’t look after it, every day it dries a little bit. God is the eternal flower. Won’t you look after it? All that exists is really His. Also, it is Herself that has entered into this form of yours. Her Self...

‘Spiritual life is for him who bears and forebears last. You need health. Good health is like light. Without health you won’t be able to move a step towards godliness. You think you’ll go and sit quiet and become a recluse just like that? You think you’ll put karma to bed while you get realization? But the Lord of Karma will not yield. Karma will not sleep with you. Even now we [Swamiji] are paining

¹ GSR

² In his Vamana (dwarf) incarnation Vishnu overcame the demon Bali and covered the three worlds in three strides

that while we are dancing you are still hesitating. He who is bound here is bound in many other places as well. The fruit is not a hallucination, but a natural sprout from the heart.

‘ “A cheerful mind alone experiences samadhi. He who is extremely detached...He who is aloof during life alone is aloof at the time of the dissolution of the body” (*Vivekachudamani*). You are attached to outer sight, blind to inner sight. Say yes, and we take your condition.

‘OM Namah SHIVAYA. Sathya Sai Baba manifests the greatest power in the Lingam. What matters is, God comes and grabs you. God is chief superintendent, chief judge. Sri Ramakrishna said, “I have spoken –”, and he was always singing, “*O Mother, make me mad with Thy love./ Drown me deep in the sea of Thy love./ Here in this world, this madhouse of Thine...*” His ecstasy was so great that the room itself lost consciousness, never mind the devotees, they went long before: everything vibrated - the room, the door, windows, everything...

‘This is a fraction of a drop of Satchidananda, which still is to come. ‘When you “become”, you will be aloof. *Vivekachudamani* of Shankaracharya says: “*He who is aloof while alive, alone is aloof at the time of the dissolution of the body*”... Aloof, detached. Then the Indweller is doing everything, singing, dancing – everything must be His will. The minute it’s not His it’s yours – and if it’s yours then you are responsible!

‘See light, see beauty. Feel the mood of God.’

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