

Oct 25, 1980

*Kirtan at Wales (Brahma and Sarasvati)*

*After the usual Arti (waving of light) to Sai Baba, Ambikananda told devotees to repeat the Arti, this time directing the waving of lights to Jesus.*

*Then Raja Ram sang from the Upanishad:*

*'Om is the bow;*

*the purified mind is the arrow;*

*and the target is the divine Self.'*

*From Ambikananda's discourse:*

'Life is insipid, it's pathetic. I wouldn't like to waste my time, nor waste this life. Everything is dark now, everything is quite painful. Let's not speak of time-wasting and life-wasting. Everyone is an individual and every individual is different, and knows what he wants. We can go to a restaurant together but I can't say, "Eat what I am eating." I invite you to please you, and you may like me but not have the power of digesting. And perhaps I can't eat what you eat. Everything is so demanding, and I think this demanding is wasting life and time, in one way. All this is a little hill, and when there is a hardness like winter the hill becomes more slippery. It's not pleasant, this world, full of misery and hate.

'Today there has been an *arti* of Jesus Christ, and Christmas is coming, and the work of Jesus is still valid. He was universal, he shed his heart's blood for the redemption of the world, and he is coming back as truth, as the way - coming back into yourself when you have found it. He is not coming back specifically as A, B or C; he will manifest within you. What did Jesus say? "The Kingdom of heaven is within you." You must have determination, discrimination, and you must be doing, you must be knocked, you must suffer a little bit, that's why God allows suffering.

'Now there are two things [*He takes a shaker-rattle in each hand*]. This [*shakes one*] is called misery and this [*shakes the other*] is to dispel misery. Both are required. This is darkness, and this is light. If you take the path of darkness, jealousy, pride, avarice, self-possessiveness, do you think there's universality, do you think you can share at all? No, you have to leave the other one behind. This is the path of sorrow [*shakes one*], and this is the path of harvest [*shakes the other*]. If you sow things that will reap sorrow, misery - I give you loose rope [of free will], I give you the field and I say, "Sow! Get harvest of plenty joy, happiness, bliss - and share!" It's no good to live in an impermanent, temporal joy, it's no good....As you sow so you reap - you'd better start sowing now....

'I am showing you light and darkness, I am showing you yourself. Here is your temporary impermanent life; but your very essence is light, is joy, is bliss... Can you say "I am essence" with me? Can you share it in your house? Can you bring others? You yourselves are fields.'

*A devotee (Brahma?):* 'Before you can share it you have to have it yourself, don't you?'

*Ambikananda:* 'How will you have it? Suppose you had it, who said you didn't have it? Who are you if you ask questions like that? From where to have it? Who deprived you of having IT? There's hundreds of questions. You are denying your inheritance. You are rejecting what you have. I am talking to you as a friend, as a pilgrim. I am just a pilgrim, if you want to take that pill so much the better for you. Many patients take many different kinds of pills - those who seek *bhoga* [enjoyment] take "kick" excitement pills, others take pills not to have children, others take battery pills to charge and discharge piles of them!

'The time you were born is gone, isn't it. It's not coming back, something new is coming, a new era. Golden age doesn't mean materially good or valuable. It means people will be good,

your word will be good, your action will be good. There will be much less darkness. Gold shines, the golden age will shine everywhere and everything will be seen.

‘With music, first you play to God, isn’t it? God doesn’t need technique, it’s God that makes you hear the technique. What God cares for is the sincerity of the heart, isn’t it? Does a child need to have qualifications before he asks the Mother and Father Teacher all this? Will he deprive his own child? That’s ridiculous. *Ha-ha-ha-ha-ha!* This kind of intellectual will not be compatible with a child’s mind, and we want to be children of God, isn’t it? Though a child is subjected to develop into his monstrous life futurely, as long as the present life is taken into good care, the soul is starting to lift up, so the child shall not be crippled.

‘You have to play your part, your role here. But all this - you have imposed it yourself, you have wanted it. You have put other art in Thou Art. I’m not saying music is not an art, yes, music is needed, let’s play, let’s dance, let’s sing, let’s make fun; but now kick both, be frozen into what we are saying now, and don’t move, come what may, send a thought like that, let the thought freeze in light.

‘Don’t please us; forget us. Please the Man behind you, please your spine, the backbone, God is inside behind your spine, is known as Ida, and then Pingala, and Shushumna. Ida is another name of Goddess Sarasvati.<sup>1</sup> These three nerves, if they are not in harmony you can’t get to spiritual life. So get yourself in harmony. And when in harmony with yourself, put instrument aside and get inspiration. Take the stuff in your heart and bring it to My heart, if you can find it! *Ha-ha-ha-ha!* How to find it? Finding means negation, “Not this, not this”. So Mother says he who is playing with the red toys let him play, why disturb him.<sup>2</sup> Music is required, but if the instrument is no good I have to throw it out, isn’t it so?

‘Pray with the Christ here, give him his due, garland him, wear him. Don’t take me literally. Jesus Christ spoke parable and then explained the thing again, the sower and the seed. But I am saying the same thing, the sower and the seed. Christmas is coming, his spirit is predominating, and he has left a lot of work. So Christian or Hindu, be good, be good, don’t waste your lives, your time. You can’t see your ignorance.

*[Sings Twameva Mata:] “O My God of Gods you are my mother and father...”*

‘You ask music, I haven’t played music, [but] when I sing Twameva Mata tears come from my eyes. When I sing my heart cries and my voice gets lost. Where is vocal, how will you understand me now? How can I convey? I haven’t come to give a discourse. All I have is a mission, like Jesus Christ, to say: “If you love me, take up whatever you have got and follow Him.” What means by “follow Him”? What did the Christ say? “Love ye the Lord! With all thy might, all thy strength, all thy soul!” But you have no strength, work has taken all your energy.

‘So let us go back to the golden God. You have to go back to yourself. When you find yourself born as you are now, kill that birth, kill it and meditate on the Sun, go there, let the sun work in you - there is a power that you can detach your soul, - Gayatri mantra: *Om bhu buva swaha, tat savitur varenyam bhargo devasua dimahi diyo yona prachodayat* - say 108 times<sup>3</sup>. You will be detached, your soul will be detached, you may have a spiritual experience same as death, but you don’t know where you are going.

‘God disappears in work. If you have no dual consciousness you lose God. So Krishna says, “Fine, pal, fine, keep working. But bow to me now and then.” So we are telling you, become

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<sup>1</sup> Brahma and Sarasvati were first spiritually named Ida and Pingala by Ambikananda

<sup>2</sup> Ramakrishna’s parable – let the child play until he becomes bored with the trivial.

<sup>3</sup> There are 108 beads on a *mala* or rosary.

two persons. You must not be that man who works and comes back from work – what happens after his exhaustion? Sleep, and more sleep? Let the heart speak, let the heart guide. Isn't it said, "I dwell in the temple of every heart"? Have a Vishnu loka body. Vishnu realm is green. Meditate on green, everything is green, the spring of your life.

[Sings:] *"The soft spring wind of the new day rises the fragrance of God's love."*

'You can be with us from now onward where we glorify Him, together. And you can see for yourself. Are you happy if I just describe to you all these things? At the end you are fed up with that little sort of happiness. Wouldn't you like the greater happiness of seeing for yourself? What we are talking about is you, me, one family, a community. You are not a stranger! You belong to Universal Independent Ashram, to Mother Kali Mai, to Ramakrishna, to Sai Baba. You are not an outsider. You are a spray in the ocean of Satchidananda with its multifarious names and forms and colours.

'Every time there's a meeting, sometimes it's joy, sometimes repentance. But we want you to wear your armour and defend yourselves, self-defence. We are not saying aren't taking the tablets, but now we are having foot on the chest, now from unreal you are taking real tablets.<sup>4</sup> Once again:

[sings:] *Twameva Mata... O My God of Gods you are my mother and father*

'Now, devotees, half to sing Hindi, half to sing English. We'll see how many people are English, how many Indian. It makes no difference – all are singing! I am in the middle, so I will just stay Hindi then.'

*Twameva Mata cha Pita twameva*  
O my God of gods you are my mother and father  
*Twameva bandu cha sakar twameva*  
You are my family and friends  
*Twameva vidya dravinam twameva*  
You are my wealth you are my knowledge  
*Twameva sarvam mama deva deva*  
You are my everything O my God of gods.

*Ambikananda reads from Srimad Bhagavatam:.*

"Follow me, the supreme teacher, says the Lord... Be free from all selfish desires. Remain poised in the midst of the opposites of life"...

'How to remain poised? When you have seen between the two sides, you tell your people, your community; after a bit of singing, a bit of music. That doesn't mean we are more learned, but we want to take them, to make them reborn in the cosmic womb. You just tell them what is, you give them the word, and their soul shall be conceived in the spiritual heart where God is within themselves, which is found in the right hand side. Tangible and subtle, both...

[Reads] "Perform only those deeds which please and serve the Lord of love."

'...Why didn't he write "Lord of condemnation and judgment"? Because the Lord of the Hindus addresses his followers and disciples as children of love. Therefore the Lord of love will receive you if you approach Him with love... So it is right to say that God has become the guru – but the true guru, the true preceptor. You have to have discrimination. And it is hard

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<sup>4</sup> In Ramakrishna's parable the mediocre doctor merely prescribes tablets for a cure but the good doctor puts his foot on the patient's chest to force him to take the medicine

for you to give up your old habit, your old garment, and take all of a sudden a divine garment. It's too blazing for you, too bright. It's terrific, it's known as the Terrible...It cannot be just like that, because the spirit is willing but the flesh is far too weak, son! ...

[Reads] "Retire into solitude and practise spiritual truth -"

'What is spiritual truth? The life real. This is a torch to see things, you don't need the sun. My dealing with you is truthful, it's not for me. You think we invented when we said that Jesus was here, earlier? No! He presented himself here for *Arti*, he said, "Do *Arti* in my name, thou shalt be glorified and many shall benefit." So without hesitation we said it - but *Arti* is an Indian thing, isn't it? Never mind, forget about it! God is so good, all He needs is a little bow, a little remembrance. He is the true teacher and the true friend, and helps man out of darkness into light.'

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