

May 1,2,3, 1982

*Kedarnath.*

*Raja Ram, Sita Devi, Mahalakshmi and Jai Narain were with Swamiji in the Shrine caravan.*

*At first, Swamiji chose to tell devotees about the severity of the previous winter, and the difficulties of maintaining existence in the primitive conditions of Kedarnath. There was a feeling that he was beginning to consider the possibility of finding a location where daily life would be less arduous. Some devotees also hoped that a more accessible venue might be found so that families could stay and perhaps celebrate kirtans free from the problems that arose at Kedarnath.*

*Swamiji's talks included the following:*

‘On the material plane, science can help spiritual life, it helps a man to rediscover his original self; it is not outside nature. Nature is the mother of science, and science is learning from approaching - A to B to C – but it's not the end. After ABCD you compose, you translate, you make it easy for what we have got. Nature is supplying a lot to us, but we are not in a receiving set – otherwise we would be a scientist in material matters, biology, chemistry, herbs, plants. For us it is doctor for body, divinity for soul. All the nerves, the organs, the genital and other systems, all are important for some use. But if you make effort as described in GSR you will be above conditioning and not affected. You are a puppet in the proton-electron of Shakti, because these protons are already dancing by the will of God, merging and emerging. For many lives a man is trying only to play.

‘A strong mind can predominate a weak mind and influence it. Some people are a bit more aware, but still it's an ignorance. One-eye is king among the blind, but still he is only one-eye. Two eyes is better, and the Third Eye is a symbol for wisdom, the witness eye of wisdom, the *ajna* chakra. But even that eye depends on an undisturbed condition of the mind. There is a need for a certain period of time, for a feeling of peace, and in a restful place. Otherwise the immature mind goes round and round the three lower planes like a foolish deer in a jungle of friends, acquaintances, etc., where it is tangled. This is due to the power of maya.

If your mind is perturbed, even that Third Eye is blurred, so you need complete concentration for clear vision. If the mind is predominated by the senses instead of learning from them you will be dragged by them, you will become subject to them. You have to make an effort to disentangle your entanglement. You must not live like a caterpillar in an invisible cocoon of senses. With self-effort of driving away vagaries it can raise above man to superior being in touch with superior powers. Such a man is a receiving set.

Bondage and liberation are in the mind. As a person thinks, so he is becoming. A person himself is making himself. He himself is becoming himself as he really is. Nature takes its time, it waits for his perpetual creation – different time till a man comes from somewhere, another best man comes, a perfection man, a withdrawal man, not to be compared to the mass. He looks like an ordinary man but is completely different. His mind, his ways, his eating, his sleeping, his tongue are different, a holy man. He uses different senses to see different things, but all from part of the body. His method is harmonic – he converts them, works with their little tools.

Lust manifests in a stagnant way. The genital sense. All are lost in it. Very few can be a witness, away from it. He who is apart is strong and can give. Lord Narayana told Narada when he said he had conquered it, “Great is my maya, any time you can be bound.” And Narada got married and had children till the water came. You know the story. All this is just senses. He who can control the senses can perhaps control anything. Power of purity can achieve any austerity. So says

Vivekananda's scripture. But we are weak, we have to learn from falling. We don't know our past. We are told we are God. That is one great fortune inherited from ancestors who were very millionaires spiritually. Now the great-great-great-grandchildren have inherited these words. Rishis obtained enlightenment from Gayatri mantra.

So our second house is faith and belief. On top of that the furniture, where to keep the will and testament, the gold – somewhere in a strongbox of detachment, of *neti neti*. Keep even from neighbours, friends. It's easily robbed. Time is wasted. Senses go on to affect nature. Senses are ruinous, they are thieves, so for physical, material, mental and spiritual health keep mantra in the strongbox, locked. This is the predominating point, the raising point to make a man move forward.

So meditate on bones, etc, and get disgust about this body. Steady asana is not just sitting still. Without shakti there is no power. But man is given all, purity and impurity both, which he has to lock on neck, chained to God. But who is going to renounce family, health, wealth, etc to find reality? Who? How? It takes summers, not winters. The flesh needs warmth. Singularity needs duality. Man needs woman, woman needs man. House, money, position, security. But he who has mastered the senses has conquered everything. No good to go too much into it. It's the power mystery of *shaktimaya*, shakti binding force. This shakti has bound everyone: you, me, princes, demigods, gods also. Rama cried for Sita, Krishna for Radha, Shiva for Gauri, Shankari, Parvati. You think we will achieve just like that? He has done a lot, this three and half cubits (of man), great ancestors, great jewels. But you must know when you will be attacked by lust, senses etc. Be alert, be watchful, be aloof. It's very important. But it doesn't prevent love. You see how it is, this genital he binds you with, covering the world, *the royaume de dames et d'hommes*, . You have to have control over it. And all this is done privately, under blanket, see how powerful it is. Faith is like one eye. But love is blind, like cataract. Your daily work is to forgive, no bad thoughts, love for love's sake, so love for God's sake because God is love.

Man is growing towards golden age, opportunity presented over again in the same sea. The same woman that takes you to hell will take you to heaven just the same. It depends on your attitude, on what you have discovered in her, and who has become all these projections. Projection depends on the camera of the analysis, and man is a camera that analyses bones, intellect, mind, blood. It's like a crystal ball; sometimes when he's very clean and pure a lot of things reflect into himself so that he can anticipate and prevent his own downfall.

We are building, enjoying, but the work is infinite. Nature is divine, our birth is natural. In Earth there is everything, whatever is above is here, but you have to dig. We think every being is a spring and we are a water diviner.<sup>1</sup> A person's mind is not ready in one life, but that doesn't mean you have to reject the person. You may say, "I am the inheritance of my ancestors. I am the product of Dad and Mum." But as much it is what a man has done himself. You must have deserved it somewhere. Now it's your turn to leave something for your own. There is pain as a lesson to lessen pain. Everything is Brahman, but it is also nerves. Your dharma may be to write, so do it. But when you do it, do it with consciousness.

Your father puts a trust on inheritance so you can't squander it. You may regard work as nightmare – but what else can you do? Who is going to employ you? "I have house, wife, mortgage, I have this cancerous mouse of worry chewing me." But everyone has to work. You are doing your dharma, writing your black book. But it's not permanent. All is Brahman. But we must not fail. Control of senses is a great thing. A few falls are required. That's why mother holds

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<sup>1</sup> The well at Kedarnath often dried up, and the services of a water diviner were being sought.

us – up to two years. Grownups are babies in the lap of *Renaissance*, rebirth. So many chances we have been given.

First thing is control, even in dream where sensuality is super-predominating. Have the same faith body in dream. We have soldered a link that is loose but strong. Everyone will be needed. Our devotees are only 12 years old.<sup>2</sup> We have no programme, but all is programme to what we are saying. Even if we talk to you all the time you will not get my tortoise mind. You have been embraced on the tip of consciousness. God is real, so you have to take Him really. Ask Him, “Do you exist or not?”

How can you benefit from the milk if it hasn't set into butter in you? When a person is ready, and doesn't get distracted again, and is not a weakling – if such a person can't control himself he is mainly a hypocrite. A person's best crop is from himself, when he has refrained from all these things. The better knowledge is to know yourself, not just following what I am saying. Existence minus nonexistence is you, real, it's Him-in-you. Vivekananda could have seen this existence when he was going into void.<sup>3</sup>

Ramakrishna is the greatest for me. The master is always the doctor, the creator, the catcher of fish, the fisher of men. But there must be real witness of that. If you are only enjoying yourself, you are blind. And every time you take the name of God the fish is washed again in the Ganga. If you have gone beyond purity and impurity, when God the subtle talker talks to you of reality and nothing else, “It's my maya, my play, and I want good players like you to tell bad people of the world not to take it seriously.”

“I am facing no one else but You, invisibly.” Why don't you have faith in God Invisible? God is the word on your lips, but now you are only a dumb man trying to speak. When you speak fluently it's not you-man, it's radio picking up Brahman thing from akashic. Everywhere universal. Cosmos. Nowhere here I do not exist. God is in the air. Your nose is an instrument. Breathe in and catch God, who comes and kisses nose. God shapes Himself to the form of truthfulness. The body is a yantra. Live first in yourself, then.

Ramakrishna is the light of Mother, creating the film that makes the shadows move. He has given us a dim beacon to attain to that. In him everything can be found. Ecstasy through perfection, sadhana, love. Ramakrishna worshipped Mother, brought Mother as wife, declared to be an incarnation of Narayana.

Share your loneliness. You come here to go back to yourself. That's the main thing, to go back into yourself, to shrink, to coil, to reduce yourself to the *bindu*<sup>4</sup> point. And in your bedroom you will take God seriously, talk to Him with all these things, say, “I empty my heart's blood in the vessel of Your heart.” And straightaway Ramakrishna comes and kisses me again. I was telling Radhani to do this. In the whole of creation this body is best for human birth.

I think Ramakrishna and Sarada Devi are the flesh of bhaktas. Jesus gave his flesh in form of bread. We are living on the feeding words of Ramakrishna, we are the lost tribe, sheep of Ramakrishna found again here. We belong to Ramakrishna and I think he is the unknown kundalini in us, the unknown awakening kundalini.... Our life is based in accordance with GSR

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<sup>2</sup> The Univeresal Independent Ashram had been founded about twelve years before

<sup>3</sup> When Ramakrishna touched Narendra (Vivekananda) the material world seemed to him to vanish (GSR),

<sup>4</sup> The point at which creation begins.

and we are taking a lot from him. Very similar. Quintessence inner life – the book would be valid to this day.

Sunday 2 May. Night

What I am giving is my relationship to your search. I am trying to be awakened while I am awake. Wherever I am, a single thought will act like Paraclete.<sup>5</sup> I believe in omnipresence, which is a single homogeneous mass. I can cast a net to lift devotees messing about on the beach, and lift them to the high tide.

In a flower there is more appreciation of creation than in a rock. And if human beings are flowers, the holy man a vase. There is no liberation for the preceptor till the devotees are liberated, so why not start unchaining now? What we are giving has been laid down for you long ago. The four seasons are a yantra;<sup>6</sup> spring is to invite us, and winter is a hellish karma. But if you can find your best thing in that suffering you are already free, *Azad*.

Don't limit Mother to shrine, lighting incense, bowing. Here it's a cemetery of karma, of emptiness, of fantasies. If you don't take that step your life is just trying to make people happy, which won't last twelve months. For the holy man, senses work with nature, and nature is a guest companion. If not-good happens, his nature knows but is not affected, it's for someone else, it warns us of reaction to action – different interval of time. After kirtan we have to bear. The lord of karma is looking after you. What is blister now may be bliss later.

Meditate on light that comes from the feet of Sarada Devi. Shiva is not different from Shakti. Shakti is not different from you. So the one becomes the many. It's a personal acquaintance with your search.

One man is making an effort, he is consecrating instead of going to sleep. For him, God is a feeling, not just a faith. There is a place where faith stops, becomes electrified, personified, becomes invisible but tangible feeling, like fish swimming, ant crawling.<sup>7</sup> So one must be very still and distributing.

The OM is universally individual.

Monday am

A piece of gold is thrown away by a blind man but valued by an expert. You must have faith in the words of the guru, and these words will liberate you. You must take them seriously. Whoever kindles your spirituality – take them for real. When we composed music for Vivekananda's poem 'Over hill and dale...' Vivekananda came, he had light coming from his hand.

Ramakrishna is the man, but you can be a devotee of Sai Baba also. It is like the well that is dug and the spades are given for someone else to dig another well. All the instruments are with Ramakrishna in the GSR, and they are our instruments also. You have not seen God, but you have seen the light. We are pushing you. By seeing Ramakrishna you are seeing Mother. And Ramakrishna said, "The Goddess you worship is kneading dough in the nahabat."<sup>8</sup> *Seva, seva,*

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<sup>5</sup> Helper, Holy Spirit.

<sup>6</sup> Sacred symbol or diagram.

<sup>7</sup> Ramakrishna describes kundalini moving in these forms up the spine.

<sup>8</sup> Sarada Devi lived in the nahabat at Dakshineswar, cooking food for Sri Ramakrishna and devotees.

*seva*!<sup>9</sup> We are forcing you to end there, at the feet of Mother, just like moth in the flame. Know Mother is the governess, *la patronne*. We are pushing all of you by force to the feet of Mother eternally virgin. And the electron-proton is all this constantly dancing in the dance of creation.

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<sup>9</sup> Service, service, service.