

May 17, 1986 Kirtan Exeter Rd (Radhani and Vishnu Shakti)¹

Letter from Swargananda in California announcing pregnancy with a boy.

Molly Thoron sends a generous donation from US

Hari Om is back from Australia.

Nita and SadaSiva are back from Australia

Guitar background by Julie to Sw'amiji's talk.

Swamiji: 'Music is the light of the soul, so we like music. Without sound and vibration there is no work for me...

[Reads] "Like a magnet God is constantly attracting his creatures to Him. We do not feel the force of His attraction because our minds are filled with impurities."

Swamiji: '...A lot of things have been lost. It has to be reunited, re-mended, resolved, refined, rearranged. But it cannot be done by too much hard study without a break. Life has to be balanced. A man must first be himself. And what is that? As good as God if possible. Desires affect our mind, and they breed other desires. So you must have the right desire. The path is slippery, we are falling in our mind before we start. So we have to be good to ourselves - why should we find fault? But you have to correct yourself also, to struggle for perfection. Otherwise we only get sent back to the wheel of birth and death.

'Suppose we are impure, so what? In this Kali age everything is not very pure. But all is pure if you are pure. Impurity may affect you, but not to the full. You will not be soaked in it. Everyone is working his dharma and karma, and that is helping other people. Not everyone can be just enlightened and no need for television and work and all this. But you must be careful. If you are pure you will know who is pure.

'Spiritual experience is a different thing from just talking. With spiritual experience, all talk stops. Experience talks, and you become silent. Experience speaks of itself. When experience sleeps, the man is awake, he can eat, drink and multiply. In the same person the mind goes very high with experience, reduces multiplicity into division and subdivision, into nullification, annihilation. What then exists no one can say. There is nobody to say. Alone is. And He has entered everyone, knowing or not knowing. "I dwell in every heart." That's the One, without That all are multiplicity.

[Reads] "This perennial attraction nevertheless exists, it is experienced in the depths of contemplation when the mind impurities are removed."

Swamiji: 'God is hidden. God is the possibility of revelation through the cycle of self-effort: "If you make a step towards Me," He says, "I'll show you what divinity is like, as it is." A man who doesn't make self-effort, his mind is dull, he overindulges in his ways, he never repents, he abuses himself and his time, he takes advantage, he doesn't reward his friends, he's unfair. So he doesn't get much. Love gives. Bless you, you like to share. You must be broad in your heart, in your love, in your sight, so that there is no place for personal selfishness. And you must be honest to yourself. One single idea to correct ourselves intensifies the brain cells. The heart has got a quick access to the head, which means that the *Twameva Mata* relative who dwells in the heart, who becomes you, family and friends, will eventually say "goodbye, relatives, adieu!"

'The gist of all this is that you have to have self-effort, determination, stamina, withdrawal, truthfulness, no hypocrisy. There is a state called "God is your own." As long as this state is not attained you are still a bit in darkness, even though you love God. You have to wash and bathe, and then go to your shrine. You cannot be like Ramakrishna, loo-ing and samadhi at the same time. Then where is your purity and your impurity? Pee in the bowl, but let your mind be on God!

¹ 86.05.17 Exeter Rd.doc

I am talking to you now as a mystic, on a mystical plane. You haven't got this experience in our body. We live in a realm, and our body lives in the consciousness of the mystical people in this realm. This body looks to be here but is not. Ramakrishna lived in many different planes of consciousness. He is like a painting in a canvas, but the man is gone. He is here, but dead. He looks like you, he lives like you, he can marry like you, but he is above, in a higher level of living. What I am talking about is living. You are living, you are not completely dead; but you are living dead and we are *living* in this state of awareness and selfconsciousness - I take "I" as an example because I am dealing with myself and with you. Our talk is as valid as baptism. In this mystical plane there is nothing but gathering and distribution. God gathers, and then scatters.

'The true yogi can govern the world, if he so wishes. He transcends maya's veil. But the holy man doesn't govern, he warns. The world is not his business, his brethren is his business. You must come into your light, raise yourself to the level where you feel your light working with His Light. Your light is the light of God, and if your light agrees to that Light, light merging with Light becomes Light. Then it is not you, but Him through you. A holy man goes beyond the seven gates of the body. From the unreal to the Real, from darkness to light, from relative to Absolute, from Absolute back to relative. A man cannot see his way properly here.

[Reads] "For purifying the mind, Holy Mother stressed the value of truthfulness, love of solitude...."

Swamiji: "Truth hurts, but never try to hurt people. Everyone is thirsty, everyone has water of Narayana. Never say, "I will never drink of you." There must be discipline, no doubt, but for me the discipline is, "Come in my heart." Let your heart be pure first, let your heart guide you. Is your heart alive? Is your heart going to your head? Can you feel the link of heart to head? Meditation should be from the heart to the head. There is a tangible spirit permeating the gross body, a shakti power which makes everything possible. Therefore one man is much greater than another. But to keep his greatness a man must be pure, honest, truthful.

'Listen, something is not leaving me alone here until I get it clarified to you: darkness gets hold of our heart and desire, is hiding here so we can't get anywhere. Crush it, blast it, dynamite! How to blast the darkness? I want you to stand in front of truth, something which exists beyond me. Face it! Why don't you face what you are seeking? So simple. Stand in front of it, and surrender. And love it, if possible. I was not going for experience. It came to me of its own accord. God by His own good grace willed to give me a glimpse, to say, "Everywhere I exist, yet beyond the senses."

'The devotee meditates on the Real, and God becomes real for him. It is so simple. If you think He is your own, if you live with Him day to day as your own, He is your slave, He is not your God, He works for you, He impresses things in your subtle mind which you can't grasp - then you get it. The slightest defect and you go wrong, yet He makes it work. He can make two plus two equal one. Everything can be one with Him because He is the One. Everything is possible with Him. He works with man and woman, He works with every religion, whatever is right for the country. He works through them all.

[Reads] "God is purity itself and cannot be realized without the practice of control of body and mind... In this Kali yuga mental sin is no sin. Free your mind from all worries on that score. You need not be afraid."

Swamiji: "There are so many evil influences in this world, so many dead spirits moving about, so many bad karma people, so many vibrations. We are affected. So discipline is very important, purity is very important, otherwise you will be affected. I have had my heart speeding beyond beat until it caused a pain next day. It could have stopped altogether, the speed it went. I had been visited - ten visits one after another. I was very young, thirteen, by myself. Acceleration came, one after another. I wanted to realize all gods - I was mad! When all gods came, they queued, one finished another came, one finished another came, one finished another came, B-r-r-r-! Next day, heart trouble. Scripture tells you, an ordinary man does not come back.

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