

18 July 1986 Kirtan at Quintessence

Sambhu was over from USA. He led devotees' kirtan with a new bhajan:

Jai Sita Ram, Jai jai Hanuman,

Jai Guru nam, Ananda Bhagavan,

a chant from the Hanuman temple of the Neem Karoli Baba ashram at Taos, which Sambhu used to visit frequently. The temple and ashram had been founded some years earlier by Ram Dass, the chief devotee of Neem Karoli Baba in the West

Sambhu played guitar background to Swamiji's talk:

'Love is hidden within us. A lot of people don't know that. They have heard of love but they haven't tasted it, they haven't tasted their own love, their own sweetness. How sweet a man e, or woman, or child, can bwhen love is given. Love is God. When God's love is given, it can transform earth into heaven, bring heaven to earth. God Himself while treading the earthplane has said it. So believe it, the truth will come from these little ones, the children. Theirs is the kingdom.

'Love works miracles. It is the third leg to make us go forward, to "go beyond sandalwood". Love transcends, love heals, love listens. Love is mother, love is father. Love is tears hidden, unknown. Love is the illumined heart. When the heart has given so much love, then love conceives a seed of light in the Third Eye, which spontaneously gives birth to light. It is love that sees light first, without trance. Love has the power to perceive, to permeate, to transcend. Love is without time. Love is God. God is love.

'But you must sprout this love from within yourself. You have to break through the cocoon, this mystery of Maya from time immemorial, hidden. What matters is for this unknown love to go through, to pierce, the hard mountain of the head. Our head sometimes finds it very hard to grasp the subtle ways of love. Perhaps mothers understand the suffering of their children, have special love for their children, but all are brothers, all are sisters, all are human. You are only in a different garb; when we are out of this body your soul and my soul are quite similar, I would say. If I was a divine artist I would find not much differentiation, perhaps only in the way of acting...

[Swamiji asks everyone to hum to the sound of background guitar:]

'Love speaks, love goes beyond words. Love is the deed itself, it must express itself before words. Love is God, love transcends, love heals. Who is going to ponder on the very heart of it? Rejuvenate! This body will go, this certification body will go, will be reborn. But now we are giving birth - you may not see that because we are all still confined in legs, limbs, members, minds, which are limited. To transcend this way of daily living. Can you just blossom here and get it together straight away? Remember, you belch what you eat [GSR].

'We ourselves are the hidden light inside. This is the main purpose of gathering, which is not well understood. Man has covered himself with birth certificate, with passport, with kin of different colours and complexions, which is denied in summer. The white man goes away on holiday and comes back a brown man. The brown man gets browned off with his colour and wants to get a bit white. It's all maya, yes or no! The white people have to give and to share....*Salaam aleikum, aleikum salaam*, thy will be done. Brother, I love you. You keep to your path, and I keep to mine and at the end we meet, and when we meet we say, "*Salaam aleikum, aleikum Salaam*." Your path, my path, have reached.

'So we declare to you: all of you have got this love, but you have to break through the shell of the egg, let your golden love go through to the people whom you are. Not everyone will take it, but at least one person needs that love. Not everyone can receive the love you are giving, but one person will receive it, one will accept you, welcome you, even if ten don't. You cannot fill everyone's stomach. Some people are on a diet, some don't like that food, so scripture says to eat discriminatively.

‘So we are here once again in this blissful gathering. If you believe us, these children are ours, they may be yours but our thought is with Christ when he says, "*Our* father God who art in heaven. He said "my father" all the time, "Abba, Abba", but when He wanted us to pray He said: "*Our* father." And Ramakrishna said, "Mother, Mother, Mother."

...‘We are sometimes difficult to understand, it depends on the will of God. You see, we go according to the will. We are very limited in this life, but in this limited way we want to get the essence. It is best to squeeze the fruit of love and give you the essence as you are gathered for it. Why peel the fruit and all this and go through the process - better to just give the essence. The essence is love. And colour. And beauty. So away, darkness!

"From darkness lead us to light. From the unreal lead us to the real. From mortality lead us to immortality." From indifference lead us to love of each other, as I have loved you, as Jesus said. You must understand, everyone is a beauty of God. Everyone! Known or not known, everyone is part and parcel. God recognizes this, for the Bible says, "God made man to His own image." And God bowed to man and asked the angel to do the same. But the angel didn't do it and went his own way, and fell. That's why the dark side came. One of the angels became the black angel. But God recognized the divinity in man. Man can sit and ponder and think, but he has to touch the philosopher's stone, he has to touch the Yogi, and then he's converted. And that conversion also depends on the will of Abba, the father, the will of Bhavani, the Mother. A lot of converts don't go beyond that stage. They're just converts, they stay as tepid water. Love must melt, it must melt the other person into you, because you and I are the same. Oneness, identity. God has become man. And man is God, after Realization. *"Thou art That!"* Vivekananda said. *"Sanyasi bold, say, 'OM Tat Sat!'"*

'Hari Om Tat Sat! Yes, that is the greatest thing. *Hari Om Tat Sat.* It must not be just a greeting. It should be the cause of great pondering. *Hari. Om. Tat. Sat.* All is said in that. Discovered is the light. When *Hari Om Tat Sat* has been said with meaning, that's exactly when you mean what you say, when your words, your thoughts, your deeds are one, irresistible. Then the lame can walk, impossible becomes possible. Love will conquer at the end. *Hari Om Tat Sat. OM Tat Sat* is alpha, is you, is omega, is *AM*. What is the difference between you and me? It is *U* between *A* and *M*.

‘People live in darkness. They have swallowed love selfishly, they want all the love personal for themselves. But love is also impersonal. God is personal and impersonal. Impersonal becomes personal, personal merges in impersonal. So sing, clap hands, get the birds of sin out. The gist of all is when you can say, "*Hari Om Tat Sat,*" and "*Sita Ram,*" by yourself, without anybody else. Who still takes delight in clapping, and singing *Om tat Sat, Sita Ram* by themselves? At four o'clock, five o'clock, six o'clock? I want to know! It's better to do it just sometimes than not at all. This is a state you will be coming to, when nobody is telling you to have kirtan, and there's no meeting, and you don't join together, when you are having your own heart as companion. Are you then aware of existence-reality? Are you conscious that God dwells in you? It's a very good thing to ponder. Are you conscious that God dwells in you? ... If you are conscious, then you don't have to join together, you don't have to wake for meditation, you don't have to go to church, you don't have to do so many things. "Really You are here," you say, "So I don't have to go there." Mental purification is required. Mentally you offer. Have you come to the state where as you think so you are converting and becoming? Yes or no?

‘GSR says there are three kinds of breath: *rechaka, puruka* and *kumbhaka*. When you're aiming at one point you stop breathing so as not to miss - so the breath is a great secret. The holy breath is "*So Ham, So Ham*" - I am He, I am She. God has given man everything. There are so many ways to see what you have come for, to see God, so many ways that cannot be explained. Those who have realized it have put it here in books, and it's a great help. But the mystery has to be understood by those who have practised it, those who are in it, in the trade, and are going beyond, beyond man, and woman, and children, to where there is Eternity, immortality beyond our life, to the Original. All comes from the Original: matter., spirit, self, gross, subtle. I have seen it. That's why I have composed that song.

Otherwise it wouldn't have such an effect.¹ An American visitor came there, Chandan, she jotted it down, and we played it. I think there's a lot of meaning in this mystical word.

‘So it is nice to be together, and chat, and say OM together. Why should I do it on my own? Let's have love. God is love. God dwells in His word. OM is a very purifying mantra. If it is chanted 21 times it purifies so many things: the mind, the intellect, the ego, the touch, feeling, taste sight, and all the 24 cosmic principles in our body get purified by chanting OM properly. Nevertheless there is an effect if you just say AUM. A child doesn't know all these meanings, but it also will produce an effect, I can tell you. I didn't know all these meanings when I was a child but I chanted it just like that and I was not deprived of effect or experience. In Devon at ten o'clock I would go to the caravan, chant a bit of OM and - experience. So if one man has done something, another can do the same or even greater.

‘It may not be technically perfect, but you must now and then be still, like it says in Christianity: "Be still and know that I am God." Give God a chance to let you think what He is thinking in you. That's why you go in solitude - you don't want the din and bustle of life, you want solitude, ocean, mountain, forest, so you can identify with tranquillity. "Roving in the grove of Vedanta." And lose yourself. Eliminate yourself. And let this existence emerge. You are only an impostor in reality, a duplicate of what is trying to - don't let the mind tick-tack. Let the intellect give up. Love has a voice which is sweet. Love has taken over.

‘Our basic must not be forgotten. Don't live here and die to what we are saying. Your reality is different from this body, so stop identifying with it. You can't deny you are the body for the time being, but your reality is not. You know what reality is? I have seen you as part and parcel, part and particle, scientifically I have seen a particle of reality, I can't say any more, I drop to the ground, then maya comes again. Someone is discovering the path, finding the way! Then "Come darkness, come confusion, bind him again!" So says Mother.

‘So don't just come here and think that's the finish. You are children of immortality. You have forgotten perhaps your essence and original, but you are reborn here today, we represent your father, your brother, your foreign agent, your foreign elixir, not fully understood yet. I am breaking through your crystallizations of "I am so-and-so, I am the son of so-and-so. " Yes, yes, I know where you come from and all this, but it applies to you as you think you are, it does not apply to our state.

‘Wherever I look I must see Him. This person I must see also is God hidden. This person is inside. I don't want the outside person, I have come for reality, "from the unreal, lead us to the Real." Never mind how many times you have fallen. You are my brothers and sisters, there's no denial. When you are no longer in this body who will you need? Your real brother, who has loved you, who has helped you, who is still caring for you. Out of sight, not out of heart. God dwells in the heart. That's why it is said, where love is, there God is.’

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¹ Self, gross, subtle, matter, spirit,/Consciousness, Oneness./God, the Lord, the master of created things, matter or spirit./Love incomprehensible, transcendental,/God's Consciousness alone is./ Cosmic consciousness, Oneness, Reality,/God alone is.