Nov 1, 1986

Kirtan Wales (Sarasvati and Brahma)

Lahiri, the 10-year-old son of Sarasvati and Brahma, who were giving this kirtan, was in Shrewsbury hospital with an acute skin infection.

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This kirtan was given at Eithin by Sarasvati and Brahma. They were very anxious about their 10-year-old son Lahiri, who was in Shrewsbury hospital with an acute skin infection.

The kirtan began with fine bhajan singing from devotees led by Gayatri, such as: *Sambhu Mahadeva*,

then

Antar jyoti namo,

Then

Manaso bhajare Guru charanam.,

Finally

Shiva rupaya yogeshwaraya

Om namah Shivaya.

There was also fine music from Sita Dev and Tryambaka, with superb flute from Raja Ram. Tryamabaka's song inspired Swamiji and the devotees to dance and sing for a long time: 'I have found my paramahamsa,

I have found my blissful lord,

Ramakrishna...'

Later, Ambikananda read from the Vedas, with Julie playing guitar background.

'Say "Om, peace, peace, peace." He told us. 'When you say "Peace", send light to dispel darkness, with great love. It's a great mantra, this word: 'Say "Om, peace, peace, peace." When you say Peace, send light to dispel darkness, with great love. It's a great mantra, this word:

"In the beginning there existed God, the source of light... He it is to whom we offer our prayers...whose shelter is immortality, whose shadow is death. ... Through thy grace may I, living untruth, realize truth. May I never again forget my immortal nature."

'So when you fall down, get up again from the same floor, and be up and doing... When you are willing, the God will pour from where He dwells in the thousand-petalled lotus (Saharara Sahasrara). So be opening up in the very first centre, the earth-root (Muladhara), the four-petalled lotus, to go up. Now light is coming to dispel darkness. But you can't push back the black intruders. You must practise love pranayama...'

Ambikananda asked a devotee to read out a long letter he had received from Swargananda in California. She had recently given birth to a boy, Oliver Joel, to whom Swamiji gave the spiritual name of Blue Flame. Swargananda was very happy about this, but she also described the difficulties she was facing with her newborn son. She wanted to come back to England with him as soon as possible. Swamiji appeared to treat the matter light-heartedly, but there was an underlying seriousness and concern for his devotee Swargananda and her son OJ, or Blue Flame.

"...In every line there is a worry." He said 'But nevertheless, if God has given her a child He will find the means. There will be this *providance*...

¹ Rig Veda

'Our [ashram] children are very good children. They have been blessed. But children take a lot of time - schooling, feeding, and so on - children demand so much, though some children are very, very nice. Everyone comes to work their purpose here. But it's a worry, the child has to be fed...

'These devotees have been with us seventeen or eighteen years. Sastra is eighteen now. But still we are like two years old, isn't it? What progress have we done?

A devotee: Lots!

Ambikananda: 'Well, that's good. At least we haven't de-progressed, gone into darkness. We have known Ramakrishna, Mother Kali, Vivekananda, and Christianity cover the whole... But life is not that easy

'We were lucky to introduce Sri Ramakrishna to you. He is there. Now there are newcomers – your children and your grandchildren - but you were the first batch, the first born. There is Ramakrishna here. He did tell us, in English, "Oh, I see you practise Vedanta... It's a bit different, but I like your way."...'

This was followed by bhajans and another discourse, mainly on the subject of light and its divine importance:

'What is the power of light? It makes you see, yes, but it also makes you disappear. If really I have the light of God, I don't see you at all. You and I and all this do not exist. The man in the screen of the cinema of earthplane is false, imaginary, a temporal projection of the Maker. Man really is God...' Later, when the kirtan was almost over, Ambikananda turned to the subject that was of such concern to Sarasvati and Brahma: the condition of their son Lahiri, who was at that moment very ill in hospital. Ambikananda said, 'Definitely he is being attacked by something. And he doesn't know what is happening... Light, light, light – all we said about light was for Lahiri...'

The next day Ambikananda visited Shrewsbury hospital and, although warned by the doctors that the boy's condition was highly infectious, lay down so that his body covered Lahiri's completely. Whether he was drawing the condition into himself or not is unclear. But the following day all trace of infection had disappeared from Lahiri's body.

'Say "Om, peace, peace, peace." When you say Peace, send light to dispel darkness, with great love. It's a great mantra, this word:

November 1 1986 Kirtan Wales

Outside, devotees chatting. Satram and Brahma had just finished working on Another Country, filmed on location at Apethorpe Hall. 'A poove-in' about being spanked at public school. Lahiri very ill with a kind of herpes. Later Ambikananda performs miracle.

Ambikananda discourse:

What is the Trinity? Mother God, Father God, and -?

Madeleine: Baby God?

Sw; Children God, the devotees' God. ...God salutes the devotees, because listening purifies the mind, the intellect, the ego. Listening removes the obstacles, cleans the soul, washes the heart.. God is like a flower and you must worship him with the fragrance of love. ... The practice of patience and forbearance is a sign of meditation enlightened....

THIS BIT WRONGG!!! SHOULD BE JULY 21 1984 AND OTHER DOCS YOU FOOL

[DEFINITELY 1984'Lightning can visit devotees and cause a swoon. Lightning has no time to knock, it strikes the devotee through his room. It interpenetrates. God can shake this body and cause the soul to go into a swoon. And that swoon makes the person realize the grandeur, the divinity, the power, the holiness [of God]. You can't see God with an impure mind, but the darkness of the body and mind can be washed, it doesn't take 1000 years when light has dawned.

'What is the power of light? It makes you see – and it makes you disappear. If really I have light of God I don't see you at all. You and all this do not exist. The man in the screen of the cinema in the earthplane is false, imaginary, temporal [projection] of the maker, the producer, the actor, the director of the whole. Man really is God.

'We all meet here in this world which is like a huge factory, everyone comes to work his karma here. Some cannot work it, some struggle, some are free. But everyone comes to work their karma, they're dropped here. So while working, practice karma yoga, Lord Krishna has said, practise dual consciousness. Karma is the means, but it is not the full goal. If you don't work you will find the senses chewing you, devouring you, and they don't leave man even at time of death. Therefore you have to have dual consciousness, but you must be struck by God's love first...

"Don't beg of me realization. Meditate to understand what I am doing, for whom I am doing all this." Didn't Ramakrishna say that to Rakhal? God in human form is not recognized at first, is not accepted by everyone, is denied, ridiculed, then people say later, "If only I knew..."

'What is the root of spiritual life?

Devotee: Faith.

Ambikananda: do you have faith in what we are saying? Do you believe God is looking and hiding at the same time? [Beth laughs] Who is mad, and for whose sake? I leave you this to ponder...

'You are the mirror mind, let the Sun god reflect in the mirror of your mind, "May That direct and illumine our mind and soul" [from Gayatri mantra] isn't it? The mind that reflects, the pure mind sees nothing else but God...

'Just for a minute think you are not the body, you are not this, we are not here even. One day, you know very well, we have all to go. Then when you are there you will be longing to come back — "I haven't done while I was in Earth," you will be crying, you'll be sorry. Therefore break the cocoon now, here....God is in His name. As long as you have not realized the Word you are still in thistle and nettle, jungle and forest. The Word has a link, and that link is - it causes swoon: "As I repeat my Mother's name, it's so intoxicating that people take me to be drunk." ...

'You and I exist as long as the Word, the Presence, is not manifested. With the light of knowledge sin is burnt into ashes. With the light of knowledge you can touch God in physical form and God can play with you, can stamp in your pain, in pain elixir. Pain is a boon, a manifestation of God, it's God Himself in another form...

'God will see that His devotees don't go without food, a few pice. Don't harrass God. Don't ask Him even for realization, have patience to grow in it

Sati: But Swamiji, thousands of people starve to death. Seven thousand a day in Africa. Some of those must be God's devotees.

Ambikananda: Do you see anyone starving here at all? [Laughs]... They have to starve, to come back, the seed has to die a few times. "I place everyone in different wombs." They are starving but you have so much food! I just told you, suffering is a - boon. God himself is manifesting. They are suffering, they are starving, they will die... Couldn't God save these also? You don't know the past, even the present condition [of these people]. You have to realize for yourself. At one time it was good to go and help these – what are they, Aboriginals? Bangle desh? Africans that eat the white men in the cauldron? Suppose you are a king, you feed these men continuously, what becomes of you and the men? All these things we can do, give you castle, give you better body, all these are little pebbles in the pleasureground of the world...

You have to send a thought, the power of thought. If you feed these people you will get the merit, but what becomes of you and them? At the most you have done a little bit of good work. What has that got to do with the purpose of your being here? After death, when you report there, what have you done? If there is famine here, do you think you will deprive your children to give your food to the neighbours, or to the country? That's not very fair and nice! If God wants to He can feed these people. Anyhow they eat each other just the same [laughs]. You waste your time pondering about others, this is not your headache. It's their karma, God knows about it, you didn't make that happen. You can help by sending a penny. God sees not your deeds but your heart, isn't it? You can always feed all of us here. Can you feed our souls? Can you take us from the body to the hemisphere, and direct from the hemisphere in a Parvati way? By the way, Parvati now is gone to Shiva Loka after seven planes

of Govinda...she's with God, and after ten years is gone to Shiva. Before she comes to see us there is plenty perfume [laughs]...

'Think of the light of 1000 suns; that itself causes fear. Arjuna trembles [in *Bhagavad Gita*]. Arjuna is nothing but Swami Yogananda of Ramakrishna. Can you recognize who is who? Can you recognize God? God does not end in the beginning or the end, He is without beginning or end.

You can cross forty oceans with the help of knowledge. Love of light and Sun of knowledge. And this what you do you dedicate again to God or Goddess. You are here in light and yet you are befogged. You may have at most a little experience, still you are subject to fall, to the maya of God. God is playing with His inscrutable power. Though we are close to Him, any minute He can make us lose our balance. So the best attitude is, "O my Father, my Mother, do not mislead me, do not misguide me. I have taken refuge in Thee, I have no one else."

'I am sharing steps to heaven with you, my dear friend. You go and feed the poor. Blessed are the poor, but the poor do not always have the word of God, isn't it? Their mind is on money – and your wealth, whatever you have got! ... Everyone has to work their karma. Everyone has to realize for himself. Karma itself will not let you go. So what we are making you here is not only hungry but – starving! There they are hungry, but we want you to be starving for your Beloved, panting. "Let my soul thirst, and be filled with God when He comes." Jesus caused a miracle, made two fishes become thousands. He had compassion. "They are so hungry. For three days they have followed me." But when they had been fed he didn't say, "Go home." He didn't forget his mission, he didn't forget to preach the name of God.'

Tape2

Fine music from Sita Dev, new versions of 'As the full moon of divine love...' and 'I have made Thee O Lord, the pole star of my life' played in an East African, Bundu Boys style, with superb backing from Tryambaka on accordeon. Raja Ram on flute

Reading from *Universal Prayers* by Ambikananda.

[*tape 3*]

Lahiri's condition discussed. He isn't well – herpes in throat. In a month's time he wil be ten. Definitely he is being attacked by something. And he is vague, doesn't know what is happening. '...Light light – all was for Lahiri but we weren't saying anything...'